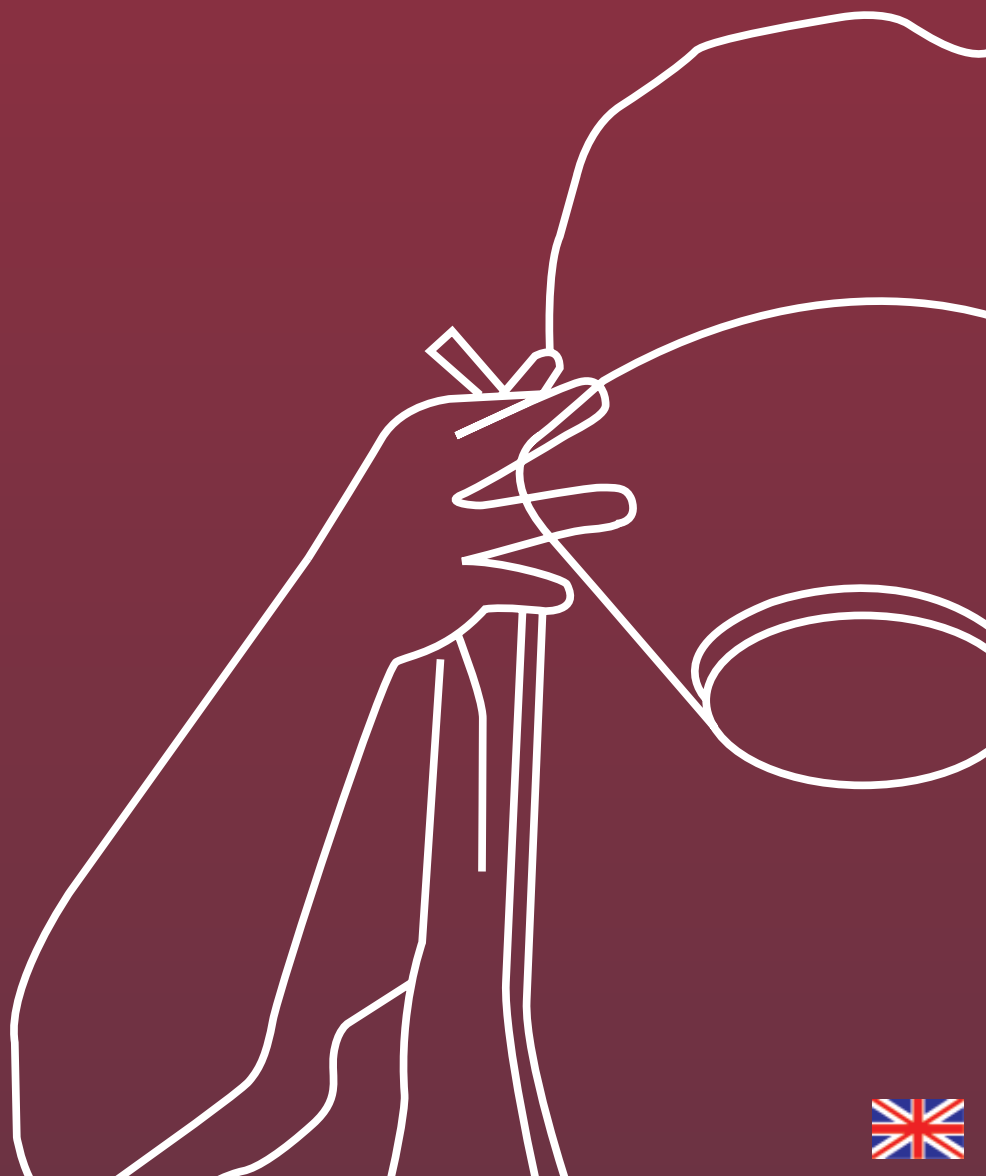


delivery / take out
210 6836842



wagamama

positive eating + positive living

menu glossary

• noodles:

udon : thick, white egg free noodles

soba : thin, wheat egg noodles

• sauces:

cherry hoi sin : sweet cherry dipping sauce

yakitori : japanese sweet sauce

amai sauce : sweet and sour tamarind sauce

gyoza : chilli, garlic and soy sauce

• asian cooking terminology:

ramen: noodle soup with vegetables, chicken or fish

ebi : prawns

miso : japanese paste made from soya beans

yasai : vegetables

menma : bamboo shoots

panko : coarse japanese breadcrumbs

wakame : seaweed

galangal : root with citrus aroma used for cooking

mangetout : baby pea pods eaten whole

sashimi: uncooked fish

tofu : made from soybeans high in protein and calcium

silken tofu : a smooth type of tofu

wok fried : method of stir frying in a traditional japanese pan

v dishes suitable for vegetarians **f** available fried on request

drinks + desserts + kids menu

fresh juices

- raw juice** €3.00
a mixture of carrot, cucumber, tomato, orange and apple an all-round high-nutrient and high-energy drink
- fruit juice** €3.00
a mixture of apple, orange and passion fruit good for general cleansing and digestion
- orange juice** €3.00
rich in vitamin c
- carrot juice** €3.00
carrot with a dash of fresh ginger root a very good source of pro vitamin a
- apple and orange juice** €3.00
a simple combination of freshly squeezed apple and orange. high in vitamin c
- apple and lime juice** €3.00
freshly squeezed apple juice with a refreshing twist of lime

desserts

- white chocolate and ginger cheesecake*** €4.00
creamy white chocolate and stem ginger cheesecake on a crunchy ginger biscuit base topped with white chocolate shavings
- chocolate fudge cake with chocolate-wasabi sauce*** €4.00
moist chocolate fudge cake with wasabi and white chocolate fudge filling. served with chocolate-wasabi sauce and dairy vanilla ice cream
- kudamondo fruit salad v** €3.50
combination of seasonal fruits with little cicamon and asian syrup inside. served with sorbe by mango

* these dishes contain dairy products and nuts

soft drinks

- | | | | |
|-----|------------------------|-------|-------|
| 701 | still water | 500ml | €0.70 |
| 703 | sparkling water | 330ml | €1.60 |
| | soft drinks | 250ml | €1.60 |

kids menu

- chicken fried rice** €4.20
wok fried white rice with egg, chicken, sweetcorn and mushrooms
- vegetable fried rice v** €3.80
wok fried rice with egg, mangetout, sweetcorn, tofu and white mushrooms
- grilled chicken noodle** €5.20
slices of grilled chicken breast served on soba noodles and shredded carrot, sweetcorn and coriander. served with amai sauce
- mini chicken katsu** €5.10
deep-fried breaded chicken breast served with japanese-style rice and shredded cucumber. served with lightly spiced curry sauce and amai sauce
- ebi rice** €5.90
deep-fried breaded king prawns. served with japanese-style rice, shredded cucumber and an amai sauce dip
- chicken noodle soup** €4.50
slices of grilled chicken breast served on soba noodles in a vegetable soup topped with fresh spinach, shredded carrot and sweetcorn



extras

- | | | | | | |
|-----|----------------------------|-------|-----|---------------------------|-------|
| 300 | japanese-style rice | €2.60 | 302 | steamed white rice | €2.60 |
| 301 | noodles | €2.30 | | | |

side dishes

we don't have starters, instead we offer a large variety of side dishes which are the perfect way to start your meal or accompany your main dish

gyoza

- 100 **gyoza** €5.70
five steamed and grilled chicken dumplings filled with cabbage, chinese leaf, chinese chives and water chestnut. served with chilli gyoza sauce
- 101 **yasai gyoza** v €5.70
five steamed and grilled vegetables dumplings filled with cabbage, carrots, chinese leaf, water chestnut, onion and celery. served with chilli gyoza sauce
- 102 **ebi gyoza** €5.70
five deep-fried dumplings filled with chopped black tiger prawns, water chestnut and spinach served with spicy citrus ponzu sauce
- 99 **duck gyoza** €6.30
five deep-fried duck and leek dumplings served with a spicy cherry hoi sin sauce



yasai gyoza

crispy

- 108 **tori kara age** €5.20
deep-fried chicken pieces marinated in soy sauce, sake, mirin, dried oregano, thyme and fresh ginger. served with gyoza sauce
- 103 **ebi katsu** €7.10
deep-fried tiger prawns in panko breadcrumbs. served with a red chilli and garlic sauce. garnished with a wedge of lime
- 114 **chilli squid with spicy vinegar dressing** €5.40
lightly fried squid marinated in schischimi and sea salt served with a spicy vinegar dressing
- 116 **sweet potato slices with bbq amai** v €4.10
hand cut pieces of sweet potato lightly fried and served with a sweet bbq amai sauce garnished with sesame seeds
- 112 **ton katsu bites** new €5.40
deep fried pork bites in panko breadcrumbs. served with gyoza sauce



ebi katsu

light

- 109 **raw salad** v €4.20
mixed leaves, mooli, carrot, spring and red onions. garnished with fried shallots and served with wagamama house dressing
- 104 **edamame** v €4.50
freshly steamed green soya beans choose with salt or chilli and garlic salt
- 106 **grilled asparagus** v €5.50
asparagus spears grilled with mixture of spices and yakitori sauce. topped with sesame seeds
- 105 **negima yakitori** €6.40
three skewers of chicken breast and spring onion coated with yakitori sauce
- 110 **miso soup and pickles** v €1.90
a light soup flavoured with miso paste, wakame, silken tofu and spring onions



edamame

teppan + teriyaki

teppan dishes are our most popular dishes all cooked on a flat griddle. the noodles are accompanied with a choice of fresh meat, chicken, fish or vegetables

teppan : dishes cooked on a hot, flat griddle



yaki soba



amai udon

- 40 **yaki soba** €9.50
teppan-fried soba noodles with egg, chicken, shrimps, red and spring onions, green and red peppers, bean sprouts. garnished with sesame seeds, fried shallots and pickled ginger
- 41 **yasai yaki soba v** €8.40
teppan-fried whole wheat noodles with egg, butternut squash, white and spring onions, garlic mushrooms, green and red peppers and bean sprouts. garnished with sesame seeds, fried shallots and pickled ginger and coriander vinegar
- 44 **ginger chicken udon** €9.90
teppan-fried udon noodles with chicken marinated in ginger, garlic and lemongrass. served with mangetout, red and spring onions, egg, bean sprouts and fresh chilli. garnished with pickled ginger and fresh coriander
- 43 **amai udon** €10.00
teppan-fried udon noodles with egg, fried tofu, prawns, red onions, leeks and bean sprouts in a sweet and sour amai sauce. garnished with crushed roasted peanuts and a wedge of lime

this dish contains nuts

teriyaki



teriyaki salmon soba



teriyaki steak soba

- 47 **teriyaki chicken** €11.30
tender chicken and red onion stir fried in a teriyaki sauce served with japanese-style rice garnished with mixed leaves, sesame seeds and red pickles
- 48 **teriyaki pork soba** €11.90
grilled pork on a bed of teppan-fried soba noodles with curry oil, mangetout, red chillies, red and spring onions, bean sprouts and spinach with teriyaki sauce, coriander and sesame seeds
- 46 **teriyaki salmon soba** €13.20
grilled salmon fillet on a bed of teppan-fried soba noodles with curry oil, mangetout, chillies, red and spring onions, bean sprouts and spinach with teriyaki sauce, coriander and sesame seeds
- 45 **teriyaki steak soba** €13.90
grilled steak on a bed of soba noodles with curry oil, mangetout, chillies, red and spring onions, bean sprouts and spinach with teriyaki sauce coriander and sesame seeds

rice + chilli men

some wagamama favourites including cha han, ebi raisukaree and chicken chilli men

rice dishes

- 77 **cha han** €8.70
stir-fried rice with egg, prawns, chicken, mangetout, sweetcorn, spring onions and oyster mushrooms. accompanied by a bowl of miso soup and pickles
- 78 **yasai cha han v** €7.90
stir-fried rice with egg, mangetout, sweetcorn, butternut squash, fried tofu, spring onions and oyster mushrooms. accompanied by a bowl of miso soup and pickles
- 76 **chicken tama v** €9.40
marinated and grilled chicken breast with stir-fried courgettes, mushrooms and onion together with oyster sauce, fresh ginger, garlic and wine sauce, served with japanese style rice
- 32 **bbq pork chasu donburi** €9.40
barbecue marinated pork fillet with red peppers, shiitake mushrooms, mangetout and caramelised red onions stir fried in tsuyu sauce on japanese style rice. served with mixed leaves and garnished with red pickles, sesame seeds, spring onions and lime
- 39 **koumi chicken** €9.20
succulent strips of marinated chicken, wok-fried in an oyster sauce with courgettes, mushrooms, baby corn, red onions, coriander, mint and chillies. served with japanese rice. garnished with a sprig of mint and lime
- 79 **ebi raisukaree** €11.90
stir fried black tiger prawns in a coconut and lime curry sauce with mangetout, peppers and red spring onions. served on japanese style rice and garnished with red chillies, coriander and lime
- 74 **chicken raisukaree new** €10.30
tender marinated chicken breast cooked in a wok pan with sauce of coconut milk and lime curry with mangetout, green and red peppers and onion. served with Japanese style rice and garnished with chillies, coriander and a slice of lime



chilli men : noodles in a sweet and spicy sauce

- 49 **chicken chilli men** €10.90
stir-fried marinated chicken, courgettes, red and spring onions, peppers and mangetout in our chilli men sauce. served with soba noodles
- 50 **ebi chilli men** €11.20
stir-fried marinated prawns, courgettes, red and spring onions, peppers and mangetout in our chilli men sauce. served with soba noodles
- 51 **yasai chilli men v** €9.30
stir-fried courgettes, oyster mushrooms, peppers, mangetout and fried tofu in our chilli men sauce. served on wholewheat noodles



katsu

katsu curry is a favourite for many and a well known wagamama dish

katsu



chicken katsu curry

- 71 **chicken katsu curry** €10.30
chicken fillet deep-fried in panko breadcrumbs, served with a lightly spiced curry sauce, japanese-style rice, mixed leaves and pickles
- 73 **served with grilled chicken katsu curry** €10.30
- 72 **yasai katsu curry v** €9.40
slices of sweet potato, aubergine and butternut squash, deep-fried in panko breadcrumbs. served with a lightly spiced curry sauce, japanese-style rice, mixed leaves and pickles

salads

our wagamama salads are a perfect choice for a lighter meal whilst being delicious and nutritious

salads



orange and sesame chicken salad

- 65 **stir-fried cumin chicken salad** €8.70
stir-fried strips of chicken with cumin coriander sauce and garlic with red onion and red pepper and bean sprouts. served on baby spinach with wagamama house dressing and garnished with sliced red chillies
- 66 **stir-fried cumin beef salad** €10.90
stir-fried strips of beef with cumin coriander sauce and garlic with red onion and red pepper and bean sprouts. served on baby spinach with wagamama house dressing and garnished with sliced red chillies
- 60 **orange and sesame chicken salad** €9.80
marinated and grilled chicken breast in a salad of mixed leaves with oranges, red and spring onions, coriander and mangetout in orange dressing, sesame oil and mint. garnished with roasted cashew nuts and sesame seeds
this dish contains nuts
- 67 **salmon and avocado salad** €10.40
sashimi salmon and avocado with a sweet soy and wasabi vinaigrette on mixed leaves. garnished with fried shallots



sashimi salmon and avocado salad

ramen

ramen are thin wheat-egg noodles, served in a broth with delicious toppings. there are three other types of noodles served at wagamama - white soba or whole-wheat soba and udon (without egg)

kare noodles : ramen noodles in a spicy coconut based sauce served with marinated and then grilled chicken or shrimp

36 **chicken kare lomen** €9.90

ramen noodles garnished with a marinated and grilled chicken breast, beansprouts, cucumber, fresh coriander and a wedge of lime in a spicy sauce made from lemongrass, coconut milk, shrimp paste, red chillies, fresh ginger and galangal

35 **ebi kare lomen** €10.30

ramen noodles garnished with marinated grilled black tiger prawns, beansprouts, cucumber, fresh coriander and a wedge of lime in a spicy sauce made from lemongrass, coconut milk, shrimp paste, red chillies, fresh ginger and galangal



ebi kare lomen

ramen

20 **chicken ramen** €9.40

marinated grilled chicken breast with seasonal greens, menma, spring onions and noodles in a pork and chicken broth

22 **wagamama seafood ramen** €10.20

marinated salmon, prawns, local white fish and squid topped with wakame, menma, seasonal greens, sliced spring onions served with noodles in vegetable broth

24 **chilli beef ramen** €12.40

marinated grilled sirloin steak, fresh chillies, sliced red onions, beansprouts, coriander and spring onions served with noodles in a spicy pork and chicken broth garnished with a wedge of lime

25 **chilli chicken ramen** €10.80

marinated grilled chicken breast, fresh chillies, sliced red onions, beansprouts, coriander and spring onions served with noodles in a spicy pork and chicken broth garnished with a wedge of lime



chicken ramen



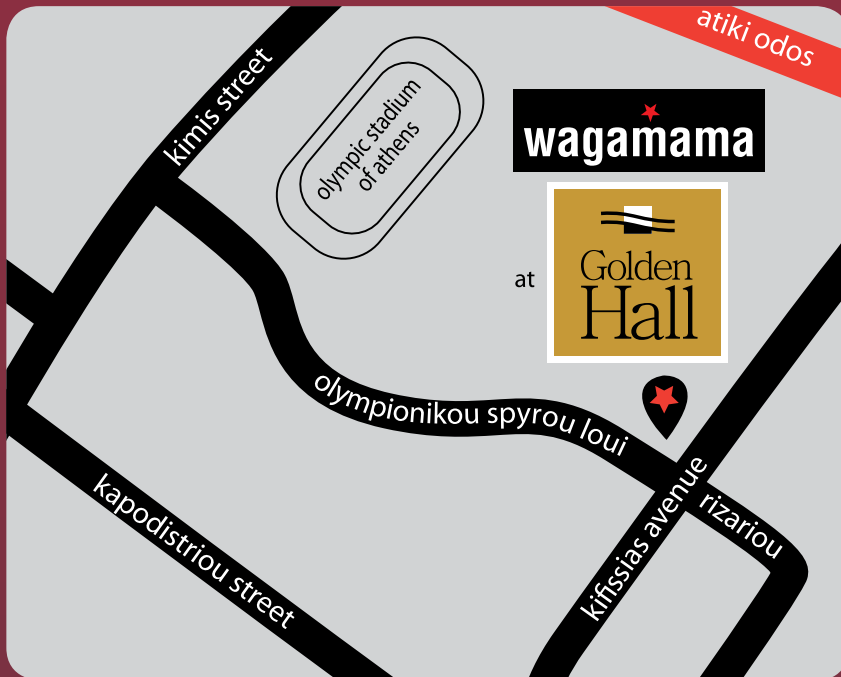
chilli beef ramen

all ramen can be served with vegetarian soup as an option.
please ask your serve

how to order

just call us on **210 6836842** to place your delivery or take out order so you can enjoy the **wagamama** experience at your place

how to find us: 37a kifissias avenue & spyrou loui, marousi | golden hall



wagamama.com.gr
info@wagamama.com.gr

*delivery service is available in certain areas only, for more information call at 2106836842.

the prices in this menu may change without any notice.
the minimum delivery price order is €7.



print positive - refill your ink cartridges at cartridge world

all frying products are fried in 100% vegetable oil, non hydrogenated | for the preparation of all products we use sunflower oil and sesame oil | 13% service charge (with an additional increase of 8% from 13 of december to 15 of january, and the two weeks during easter time), prices include v.a.t. | manager by law: costas karakaxides | the restaurant is obliged to issue purchase receipts | the seafood, chicken and pork skewers and the edamame are all frozen

wagamama

wagamama.com.gr

wagamama and positive eating + positive living are registered trademarks of wagamama limited